

# THE OAKS RESTAURANT *LUNCH* MENU

## LIGHT BITES

### HOMEMADE SOUP OF THE DAY €7.50

Chef's homemade soup, served with a crusty roll or fresh Irish soda bread.  
(1,2,4,7,12,13)

### STICKY BUFFALO CHICKEN WINGS €10.00

Tender chicken wings, glazed with our signature sticky sauce, accompanied by crisp celery sticks and a choice of creamy garlic aioli or rich smoky BBQ sauce  
(1,2,9,13)

### GOLDEN WEDGES OF BRIE Starter:€9.00 Main:€18.00

Buttery Brie in a crispy golden coating served with redcurrant jelly & fresh garden salad.  
(2,4,7,9,10,12)

### THE OAKS LOADED POTATO €10.00

Half of a fluffy baked potato, stuffed with crispy bacon, melted cheese, topped with a dollop of sour cream & spring onion.  
(7)

### THE OAKS TOASTED SPECIAL €13.50

Thinly sliced onion and tomato, melted Irish cheddar and ham, served with golden fries  
(1,2,4,7,9,12)

### ROMAN CAESAR SALAD €16.50

Tender chicken and savory bacon atop a bed of crisp cos lettuce, accompanied by golden garlic and herb croutons, drizzled with a timeless Caesar dressing and adorned with delicate shavings of Parmesan cheese  
(2,4,5,7,9,13)

### KENMARE BAY CREAMY SEAFOOD CHOWDER (GFA) €12.50

A selection of locally sourced seafood, bound in a classic creamy chowder, served with fresh Irish soda bread.  
(1,3,5,7,8)

### BRUSCHETTA €10.00

Toasted sourdough topped with vibrant tomatoes, pine nuts, fresh basil, and a hint of olive oil  
(2,9,10)

### SUPERFOOD SALAD (VEGAN) €15.00

A bed of seasonal greens topped with sweet potato, quinoa, creamy avocado, toasted nuts & chia seeds, served with French dressing.  
Add succulent chicken & bacon for €3  
(9,10)

### SOUTHERN FRIED CHICKEN WRAP €10.50

Tender southern fried chicken lightly seasoned, nestled with crisp red onions, fresh lettuce, ripe tomatoes, and drizzled with sweet chili mayo sauce, encased in a warm, toasted wrap.  
(2,4,7,9,13)

## OAKS CLASSICS

### THE OAKS MILD COCONUT CURRY

A creamy yellow coconut curry, served with fragrant basmati rice and a crispy baked poppadom. Choose from our options: Vegan Mixed Vegetables for €17, Tender Chicken Breast for €19, or Jumbo Pink Prawns for €21. Opt for Half Rice & Half Chips for an extra €1.50.  
(2,7,9,13)

### THE OAKS CLASSIC CHICKEN BURGER (GFA) €17.00

A succulent Cajun chicken fillet crowned with crispy bacon, melted cheddar cheese, crisp lettuce, ripe tomato, and pickled cucumber. Served alongside golden fries, a fresh garden garnish, and complete with house-made garlic and herb mayo  
(2,4,7,9,13,14)

### OPEN FACE CHARGRILLED 7OZ SIRLOIN STEAK SANDWICH €22.00

7oz char-grilled Steak and served on a crusty ciabatta. Accompanied by sautéed white onion and field mushroom, with a side of crispy fried onion rings, golden fries, and a fresh garden salad. Complete with a choice of our homemade peppercorn sauce or aromatic garlic butter  
(2,4,7,9,10,12,13,14)

### CHICKEN, MUSHROOM & BACON TAGLIATELLE €17.00

Tender chicken, earthy wild mushrooms, and crispy bacon pieces harmoniously blend in a luscious velvety cream sauce paired with al dente tagliatelle pasta. Served with a side of artisanal crusty garlic bread  
(2,4,7)

### VEGAN FALAFEL STIR FRY €17.00

Experience a burst of Flavors with our tantalizing stir-fried mixed peppers and seasonal vegetables, enveloped in a zesty Thai sweet chili sauce, accompanied by flavourful falafel, all served on a bed of fluffy rice. Add succulent chicken for €3  
(1,2,9,13,14)

## SIDES

#### CREAMY MASHED POTATO

(7) €3.50

#### SKIN-ON CHUNKY CHIPS

(2) €3.50

#### SWEET POTATO FRIES

(2) €5.00

#### MIXED LEAF SALAD

(9) €3.50

#### BATTERED ONION RINGS

(2,7) €5.00

#### AROMATIC BASMATI RICE

€3.50

#### GLAZED RUSTIC VEGETABLES

€5.00

#### GARLIC & HERB BABY POTATOES

(7) €5.00

### ALLERGENS

(1)CELERY(2)GLUTEN(3)CRUSTACEANS(4)EGGS(5)FISH  
(6)LUPIN(7)MILK(8)MOLLUSCS(9)MUSTARD(10)NUTS  
(11)PEANUTS (12)SESAME(13)SOYA (14)SULPHUR

ALL BEEF IS 100% IRISH

DISHES CANNOT BE MODIFIED. WE ARE UNABLE TO FACILITATE SPLIT BILLS.

CHILDREN MUST BE SUPERVISED AND SEATED AT ALL TIMES